

## SOUTHCOM SCO TRICARE Spouse Conference

Maj Pedro Burton-Taylor, Associate Director
Mr. Gilberto Marquez, Beneficiary Counselor & Assistance
Coordinator

TRICARE Area Office Latin America and Canada





## Agenda

- Regional Overview
- New TRICARE Overseas Contract
- TRICARE Prime Enrollment/Eligibility
- Covered Services
- Receiving Medical Care When Traveling
- Pharmacy
- TMA POC Program
- Useful Websites/Contacts

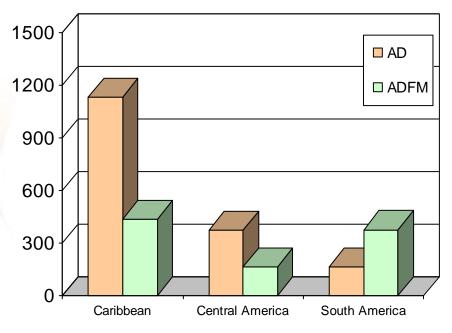


## **Regional Snapshot**



- 42 Countries
- North to South Pole
- 12 Million Square Miles
- 53,100 Beneficiaries
  - 44,548 NORTHCOM (84%)
  - 4,517 USSOUTHCOM (8%)
  - 4,025 Transition (8%)
- USSOUTHCOM Breakdown
  - 2,649 AD/ADFMs
  - 1,535 Retirees/FMs
  - 93 Guard Reserve/FMs
- Military Treatment Facilities (MTFs)
  - 4 in Latin America/Canada

# TRICARE Prime Enrollment\* by Geographic Area (AD/ADFMs)



#### Limited to:

- Service members on PCS orders
- Command-sponsored family members
- Service members on TDY orders in excess of 179 days

\*Source: CHCS,October 2010

## **New Overseas Contract**

## Highlights:

- TOP contractor will ensure access to quality health care for our beneficiaries by establishing provider networks
- Call centers avail 24/7 with extensive translation capability for questions/referrals
- ISOS has responsibility for all overseas claims
- Expanded Case Management
- Disease Management for remote enrollees

#### Impact:

- Minimal changes in AOR; ISOS maintain responsibility for AOR (except Canada)
- ISOS coverage now includes Puerto Rico
- Beneficiaries contact ISOS for all health care services

## RECEIVING CARE WHILE STATIONED IN LATIN AMERICA/CARIBBEAN

## TRICARE Overseas Prime and Command Sponsorship

#### TRICARE Overseas Prime (TOP) is available to:

- Active duty family members (ADFM) on permanent change of station orders to accompany the sponsor on the remote location
- ADFMs on service funded orders to relocate overseas without the sponsor
- Transitional survivors

### Enrolling to TOP Prime:

- Submit TRICARE Prime enrollment application and PCM change form and copy of orders to the Global TRICARE Service Center (fax # 215-354-5015)
   <a href="http://www.tricare.mil/mybenefit/Download/Forms/Overseas\_Enrollment\_Form\_unlinked.pdf">http://www.tricare.mil/mybenefit/Download/Forms/Overseas\_Enrollment\_Form\_unlinked.pdf</a>
- Beneficiaries will be assigned a PCM who will manage their health care
- TOP Prime covers Routine, Urgent and Emergency Care
- ADFMs enrolled to TOP have no enrollment fees or out-of-pocket costs for health care as long as the care is received from PCM or via a referral

## **Covered Benefits**

## TRICARE covers most medically necessary care

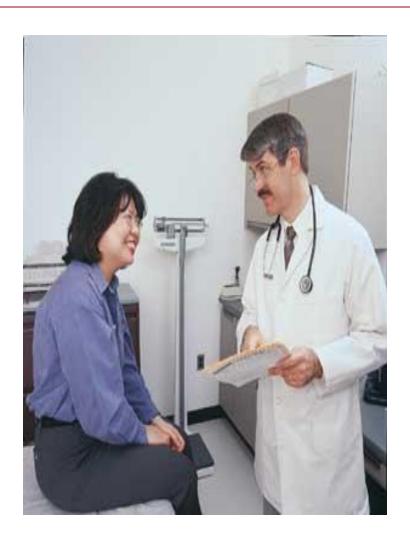
- Inpatient and outpatient Care
- Prescriptions
- When in doubt, call ISOS at: 1-800-834-5514

#### TRICARE does not cover:

- Eyeglasses or contacts
- Cosmetic surgery
- Complications for non-covered surgery
- Procedures deemed "experimental"
- Procedures or medication not approved by FDA

#### Dental Services

- Provided to AD members only
- ADFMs may enroll with United Concordia to receive dental benefits



## **Classification of Care**

### Routine Care: (Referral Needed for Civilian Care)

 Includes general office visits for the treatment of symptoms, chronic or acute illnesses, diseases, and follow-up care for an ongoing medical condition

### Urgent Care: (Referral Needed for Civilian Care)

- Medically necessary treatment for an illness/injury that would not result in further disability or death if not treated immediately
- Conditions that are serious but are not life-threatening that require professional attention within 24 hrs
- Examples of urgent treatment are sprains, scrapes, ear aches, sore throats and elevated temperature

### Emergency Care: (NO Referral Needed)

- A medical, maternity or psychiatric condition that would lead a "prudent layperson" to believe that a serious medical condition exists
- The absence of immediate med attention would result in threat to life, limb or sight
- when a person has severe, painful symptoms requiring immediate attention to relieve suffering
- a person is at immediate risk to self or other

## Receiving Medical Care While Traveling

- Traveling to the U.S. (Enrolled Overseas)
  - Routine Care Only available at MTFs
  - Urgent Care Contact TOP Global Customer Service Call Center which will coordinate with PCM for a referral
  - Emergency Care Members report to the nearest emergency room and contact TOP
     Global Customer Service Call Center at 877-451-8659 once stabilized or admitted
- Traveling abroad (OCONUS)
  - TOP Prime-enrolled ADFMs may contact the Overseas Call Center for:
    - Provider locator assistance
    - Urgent care authorization
    - Emergency care authorization (after stabilization or admission)
- All Claims will be submitted to TOP claims processor



## **Process for Obtaining Medical Care**

- Beneficiary requests services through ISOS (1-877-451-8659)
- ISOS reviews case and determines where patient will obtain care
  - TRICARE partnered with ISOS to identify the best local providers and facilities and develop a network of licensed, qualified physicians in TOP remote areas
- If care is available and recommended locally, ISOS arranges care
  - If beneficiary chooses not to have care locally, then he/she is responsible for their travels costs if they still choose to receive CONUS care
- If care is not available or recommended locally, ISOS contacts the TAO for guidance
  - If possible, TAO makes appointments at a CONUS MTF
- TAO reviews case and Out-of-Country Medical Request (OCMR)

## TRICARE for College Students

#### TRICARE Benefits

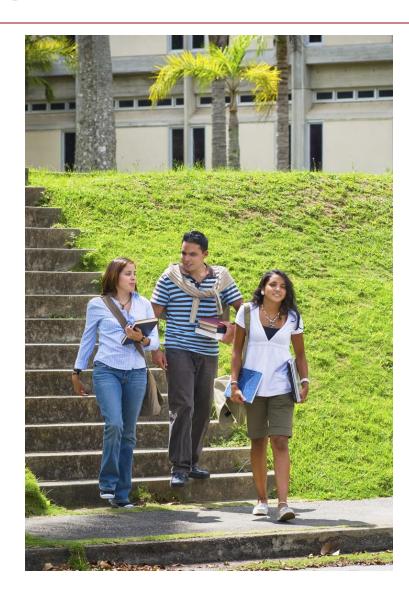
 If children are full-time college students, they lose TRICARE eligibility at age 21 or 23

#### College Students

- Command-sponsored dependents attending College/University in PSA in CONUS may enroll in TRICARE Prime in local region
- Dependent student attending College in non-PSA areas are only eligible for TRICARE Standard/Extra

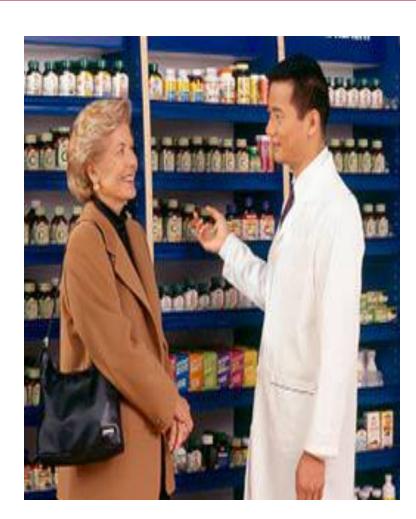
#### Patient Protection/Affordable Care Act

- Requires Civilian Health Plans to provide medical coverage to children until age 26
- The Act did not give DOD authority to offer this benefit through TRICARE
- If enacted into law, the Department will make every effort to implement provisions ASAP



## **Pharmacy**

- Military Treatment Facility:
  - No Charge
- Local Pharmacy:
  - Pay and claim
  - No cost for Prime
  - Cost shares and deductible for Standard
- Pharmacy Claims:
  - Send complete DD-2642 claim form, receipts, and any documentation to:
    - TRICARE Overseas
       PO Box 7985
       Madison, WI 53707-7985
  - POCs may fax claim to WPS
- No need to file claim if provider sends claims directly to ISOS or WPS



## **TRICARE Mail Order Pharmacy**

#### TRICARE Mail Order Pharmacy:

- Must register initially
- U.S. licensed doctor
  - DEA number needed ONLY if controlled substance
- Must have an APO/FPO or CONUS State
   Dept pouch mail address
- Up to a 90-day supply
- Restrictions may apply
- Co-pays:

• Generic Name: \$3.00

• Brand Name: \$9.00

Non Formulary: \$22.00

- www.express-scripts.com
- **1-866-363-8667**



## **TMA POC Program**

- Provide beneficiaries and providers assistance w/filing TRICARE claims
- POCs are appointed by units to assist ADFMs w/ local TRICARE issues:
  - Must be either AD member, employee working for Military, or U.S. Gov't
  - Usually located at an Embassy or Consulate
- Duties of designated POCs:
  - Act as a Liaison between local units and TRICARE
  - Helps with enrollment of new arrivals
  - Communicates with ISOS for appointments
  - Assists with Medical TDY process for Out-of-Country appointments
  - Fax claims to WPS/UCCI for reimbursement processing
- TAO-LAC has monthly conference call with designated POCs

## **Contacts**

#### Medical Benefits

- Administered by International SOS
- Toll-free 1-877-451-8659
- Commercial 1-215-942-8393
- <u>tricarephl@internationalsos.com</u>

### Family Member Dental Benefits

- United Concordia
- 1-800-332-0366

### TRICARE Mail-Order Pharmacy

- 1-866-363-8667

#### Claims

- TRICARE Overseas (WPS)
- 1-608-301-2310

#### Enrollment/General Assistance

- 1-215-942-8393 option #4



## **TOP Contract Implementation**

## Questions???